

SPEAKER | TRAINER | COMMENTATOR | MENTOR | COUNSELLOR



MASTERMIND

ARE YOU READY TO

Revitalize &

MAKE 2017

YOUR BEST YET?

Get your life moving in the direction you choose!

Are you ready to flourish in 2017?

In the **Revitalize You Mastermind** you will:

- Identify the key areas you would like to revitalize in your life – be it at work, in your business or at home
- create a revitalization plan that will help you create results in the areas of your life most important to you
- unlock the secrets of neuro-leadership – how to stay calm under pressure and optimize emotional intelligence
- Understand how “imposter syndrome” is draining your energy and stopping you from being the best you can be
- Gain techniques to program your brain for success and achieve balance between work & life
- Receive support, encouragement and guidance from a group of like-minded women

LIMITED SEATS

DATES:

2x sessions each of month.

TIME: 6.15pm refreshments for 6:30 - 8:30pm

LOCATION:

5/18 Kilroe St, Milton

COST: for enquiries & earlybird & group

Please contact Tric Gibson

Tric on 0407 876 867 or email tric@tricgibson.com



ABOUT TRIC

Revitalization expert Tric Gibson helps you beat overwhelm and tap back into your vitality so you can have fulfilling relationships with others, find balance at work and at home ... and a life that makes you happy and laugh a lot more.

Tric believes the most important relationship in life is your relationship with yourself. If you're revitalized everyone wins – you and the people you care most about.

From her more than 30 years experience as a registered psychologist, Tric brings cutting edge research into neuro-science, wellness, positive psychology and mindfulness to help you Revitalize You.

Please contact Tric at tric@tricgibson.com if you'd like to find out more about how you can Revitalize You and apply for the Revitalize You Mastermind.

WHY A MASTERMIND?

Masterminds help people achieve their goals. Many successful people today, from Bill Gates to Fortune 500 leaders, use masterminds to grow and support themselves

If you are ready to:

- achieve real, sustained change in your life
- be inspired, excited and challenged to grow
- be supported in your growth by a group of like-minded women
- access the combined experience and creativity of a small group committed to each others' success

... then join Tric Gibson for this engaging, supportive and compelling mastermind opportunity.

Each mastermind session will cover a specific topic and provide time for each member to discuss their goals and receive help to achieve their outcomes.

This opportunity is for you if you have a growth mindset, an openness to learning and a desire to increase your confidence, personal leadership and management skills at work and at home.



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